



B&J Catering II Children's Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fruit Cereal Bar	Cheerios & Milk	Whole Wheat Bagel with Cream Cheese	Ritz Crackers & Nut-free Soy Butter	Blueberry Muffin
Lunch	Orange Ginger Chicken Stir-Fry & Chow Mein Noodles Carrot Sticks Buttered Whole Wheat Bread Fresh Fruit	Meat Ravioli Steamed Mixed Vegetables Cucumbers Buttered Cracked Wheat Bread Fresh Fruit	Assorted Sandwiches Chicken Noodle Soup Celery Sticks Fresh Fruit	Rib-i-que on a Bun Pasta and Vegetable Medley Bread & Butter Pickles Fresh Fruit	Whole Wheat Beef Taco with Toppings Mexican-Style Corn Mixed Cold Veggies Fresh Fruit
Afternoon Snack	Peach Slices & Teddy Arrowroots	Mixed Veggies & Dip	Trail Mix (Nut-free)	Banana Pudding & Social Tea Bisquit	Pita Wedges & Hummus

*Substitutions will be made if a food product is unavailable, fresh vegetables and fruit will vary seasonally and according to availability.

For more menu information please call (905) 684-8818

www.bandjcatering.ca

